

# DAVIS PHYSICAL THERAPY & SPORTS REHAB

## **Sidelined: ACL Injury Recovery and Identity** **VIRTUAL MENTAL SKILLS SUPPORT GROUP**

Davis Physical Therapy and Sports Rehab (Davis PTSR), in partnership with the **Elite Mind Academy (EMA)**, has stepped up to address the challenges facing athletes young and old who are recovering from an ACL injury. This is a virtual mental skills support group, which will serve as a safe space for sharing personal experiences and learning various skills to assist in the pre-, during and post-injury phases of performance and rehabilitation.

**November 20, 2022 • 7:00 - 8:00 PM**

**REGISTER NOW!**

**Stokes Medical Building, 639 Stokes Rd., Suite #103, Medford, NJ 08055**  
**609-451-5404 • [davisptsr.com](http://davisptsr.com)**